

What is Aspektism for Adults?

It is designed for the general public to gain insight of how Asperger's Syndrome affects the lives of those individuals who have the disorder. **It is targeted at parents/carers/society to gain greater understanding of the Disorder, and is aimed at Teenagers & Adults on the Autism Spectrum.**

This course was the 3rd part of Kerryn's life journey. Her AS was out of control, and she had no idea what it was and how to deal with it, until she was diagnosed at the age of 30.

Being that she had to learn about Asperger's Syndrome, how it affected and caused conflict within herself and society. She was also taught valuable independent living skills and banking as part of her gaining control of her own life.

It was very appropriate to re-write/update this course in 2010 to assist society of what it is like to live with such a disorder.

What made you decide that an Asperger's course for adults was necessary?

There was a need from parents to both assist & help their teenagers & adults learn/grow/develop and to learn new skills associated with Autism/Asperger's Syndrome. Therefore the course was developed to assist in this area.

Are there other Autism related courses on the market?

There is no other Adult Autism related course on the market at present apart from Aspektism.

What course modules are there in Aspektism?

Asperism, Affectism, Conflictism, Supportism & Skillsism.

Do you have more information on these modules?

With the first module, **Asperism**, you learn more about Asperger's Syndrome, and the features of it.

Affectism describes how a person with ASD is affected in different ways, and how ASD affects society.

Conflictism:- items are discussed in major detail of a person with ASD/AS causing conflict within themselves, family, friends and society and not realizing what they are actually doing.

Supportism discusses how you can support your child/sibling with ASD.

Skillsism: Train your sibling/teen/adult with ASD general house cleaning, grocery shopping, banking, reading maps (Melways, and assisting them to learn independent living skills for themselves.

How do I get support from these courses? Online support will be provided via email, (chat via Yahoo/MSN – see contact details via website) and Kerryn is just a phone call away.

Do you think if I did the Aspektism course I would learn more about Asperger's Syndrome and Autism Spectrum Disorders?

Absolutely! The more you learn, the more you understand what it's like for an individual person to live with ASD or Asperger's Syndrome.

Where to from here?

You are more than welcome to make an enquiry via email or phone call to Kerry. Please use the contact details on this brochure or via the website.



CONTACT US:

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Email: kerryn@ktalk.com.au

Website

<http://www.ktalk.com.au>

**Check out our website for
further information.**



*“Exceed Your
Expectations”*

**ASPEKTISM
FOR ADULTS**